

Diet Delights

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| COTTAGE CHEESE & FRUIT SALAD PLATTER . . . | 12.25 |
| INDIVIDUAL SALMON or TUNA or SARDINES | 12.55 |
| <i>Lettuce, Tomato, Cucumbers & Scallions</i> | |
| BROILED CHOPPED SIRLOIN STEAK | 14.75 |
| <i>with Cottage Cheese</i> | |
| HARD BOILED EGG PLATTER | 10.55 |
| <i>Lettuce, Tomato, Cucumbers & Scallions</i> | |
| CHICKEN or TUNA SALAD | 12.95 |
| <i>with Hard Boiled Egg, Lettuce, Tomato, Cucumbers & Scallions</i> | |
| SLICED TURKEY | 14.25 |
| <i>with Cottage Cheese, Lettuce, Tomato, Cucumbers & Scallions</i> | |
| HALF MELON <i>with Cottage Cheese</i> | 9.25 |

Diet Burger Platters

Your Choice \$13.55

- VEGGIE BURGER
with Cottage Cheese, Cucumber, Lettuce and Tomato,
- BURGER DIET PLATTER
Served with Cottage Cheese, Cucumber, Lettuce and Tomato
- TURKEY BURGER DIET PLATTER
Served with Cottage Cheese, Cucumber, Lettuce and Tomato
- BUFFALO BURGER DIET PLATTER
Served with Cottage Cheese, Cucumber, Lettuce and Tomato

Cold Platters

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| TUNAFISH SALAD | 13.25 |
| <i>with Potato Salad, Cole Slaw, Sliced Tomato and Garnish</i> | |
| CHICKEN SALAD | 13.25 |
| <i>with Potato Salad, Cole Slaw, Sliced Tomato and Garnish</i> | |
| EGG SALAD | 12.25 |
| <i>with Potato Salad, Cole Slaw, Sliced Tomato and Garnish</i> | |
| SHRIMP SALAD PLATTER | 14.75 |
| <i>with Potato Salad, Cole Slaw, Sliced Tomato and Garnish</i> | |
| COLD WHITE MEAT ROAST TURKEY | 14.25 |
| <i>with Potato Salad, Cole Slaw, Sliced Tomato and Garnish</i> | |
| HAWAIIAN SALAD | 13.25 |
| <i>Jello, Peaches, Fruit Salad & Cottage Cheese</i> | |
| TOMATO SURPRISE (Stuffed with Chicken or Tuna) | 13.25 |
| <i>Served with Potato Salad & Cole Slaw</i> | |

IMPORTED BONELESS & SKINLESS SARDINES
with Potato Salad, Cole Slaw and Bermuda Onion
INDIVIDUAL SALMON or TUNA
with Potato Salad, Cole Slaw, Sliced Tomato and Garnish
Your Choice 13.25

Appetizers

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| SHRIMP COCKTAIL (5) | 13.75 |
| STUFFED CLAMS (4) | 12.25 |
| STUFFED MUSHROOMS (5) | 11.25 |
| MOZZARELLA STICKS (6) | 10.25 |
| BUFFALO WINGS (6) | 12.25 |
| CHICKEN FINGERS (4) | 12.25 |
| FRIED CALAMARI | 12.95 |
| POTATO SKINS | 11.25 |
| <i>with Bacon & Cheddar Cheese</i> | |

THE SAMPLER 16.25
A Delicious Combo of Potato Skins,
Chicken Fingers, Mozzarella Sticks
& Buffalo Wings

APPLEJACK SPECIAL SALAD

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| GRILLED CHICKEN | 17.95 |
| GRILLED TUNA | 18.25 |
| GRILLED SALMON | 18.95 |
| GRILLED SHRIMP | 18.95 |

with Choice of One:

- Fresh Spinach Mesclun Salad
- Greek Salad Caesar Salad
- Garden Salad
- with Avocado 3.55 Extra

CHOICE OF DRESSING:
House - French - Russian
Bleu Cheese - Creamy Italian
Caesar - Ranch
Balsamic - Olive Oil &
Vinegar

Applejack Salads

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| LARGE GREEK SALAD | 14.95 | CHEF'S SALAD | 16.95 |
| <i>Cucumbers, Lettuce, Tomato, Peppers, Anchovies, Feta Cheese, Olives and Stuffed Grape Leaves</i> | | <i>White Meat Turkey, Roast Beef, Ham, American Cheese, Swiss Cheese, Hard Boiled Egg & Tomato over Garden Salad</i> | |
| COBB SALAD | 16.95 | CAESAR SALAD | 12.55 |
| <i>Grilled Chicken with Sliced Avocado, Corn and Blue Cheese over Mixed Greens</i> | | <i>Romaine Lettuce, Grated Cheese with Croutons & Caesar Dressing</i> | |
| STUFFED AVOCADO SALAD | 16.25 | PORTOBELLO SALAD | 16.55 |
| <i>Stuffed with Tuna or Chicken Salad with Potato Salad, Cole Slaw, Lettuce & Tomato</i> | | <i>with Zucchini, Asparagus, Tomato & Fresh Mozzarella over Garden Salad</i> | |
| GARDEN or MESCLUN SALAD | 11.95 | MOZZARELLA or GOAT CHEESE SALAD | 14.95 |
| <i>Served with Balsamic Dressing</i> | | <i>Fresh Mozzarella or Goat Cheese over Garden Salad</i> | |
| NICOISE SALAD | 15.95 | MEXICAN FIESTA SALAD | 16.95 |
| <i>White Tuna, Potato Salad, Green Beans, Olives, Anchovies, Lettuce, Tomato & Hard Boiled Egg</i> | | <i>Jalapenos, Chili Con Carne, Black Beans, Corn and Cheddar Cheese with Nachos</i> | |
| APPLEJACK SALAD | 15.95 | STEAK HOUSE SALAD | 17.95 |
| <i>Tuna, Chicken, Egg and Shrimp Salad with Potato Salad, Cole Slaw, Lettuce & Tomato</i> | | <i>over Garden Salad</i> | |
| | | ORIENTAL CHICKEN SALAD | 17.95 |
| | | <i>with Avocado & Mandarin over Garden Salad</i> | |

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| FRENCH FRIES | 6.25 | MUSHROOMS | 6.75 |
| with AMERICAN CHEESE | 7.95 | AVOCADO | 5.95 |
| SWEET POTATO FRIES | 7.25 | APPLE SAUCE | 4.25 |
| BACON or HAM or SAUSAGE | 7.25 | CORNED BEEF HASH | 7.55 |
| CANADIAN BACON | 7.25 | FETA CHEESE | 8.25 |
| POTATO SALAD | 5.95 | TURKEY BACON | 7.95 |
| COLE SLAW | 5.95 | TURKEY SAUSAGE | 7.95 |
| COTTAGE CHEESE | 6.25 | PASTA (Side) | 7.55 |
| GRAPE LEAVES (6) | 7.25 | BOWL OF CHILI | 8.95 |

Side Orders

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| ONION RINGS | 7.55 |
| TOMATO | 5.25 |
| VEGETABLES | 6.95 |